

BE OUR GUEST

SATURDAY, OCTOBER 22, 2016



Survive&Thrive SYMPOSIUM

Connect with others whose lives have been affected by cancer

Cancer survivors, loved ones and caregivers are welcome to learn about survivorship skills at the Texas Oncology Foundation 2016 Survive & Thrive Symposium. Workshops and lectures will focus on wellness issues and create a dialogue around the survivorship experience.

Keynote speakers:

Janet St. James was a broadcast journalist for WFAA-TV in Dallas for 18 years. She bravely blogs about her experience with cancer to empower and educate others.



Other national and regional experts will discuss topics such as:

- Laughter yoga
- Late and long-term side effects
- Sex after cancer
- Healthy survivorship
- Exercise and nutrition
- Art therapy

For questions, please call 972-490-2930.

Register today at
SurviveThriveSymposium.com.

Tickets: \$10 per person
Saturday, October 22, 2016

- 8 a.m. Breakfast & Check-in
- 9 a.m. Keynote Speaker
Janet St. James
- 3 p.m. Day concludes

Sheraton Arlington Hotel
1500 Convention Center Dr.
Arlington, TX 76011

The Texas Oncology Foundation provides support to cancer patients in the communities where they live, work and receive treatment.

Presented by

TEXAS ONCOLOGY

More breakthroughs. More victories.®